

# IN-HOME SUPPORT FOR ADULTS IN MAINE

Living Innovations provides support to people of all ages and abilities to have a good life at home and in the community.

## In-Home Support for Adults:

**We provide in-home assistance on an as-needed basis, from as few as two hours per week or as much as 24/7. This service is highly individualized based on the needs and desires of the individual.**

### **Examples of support include:**

- Skill-building in self-help and self-care.
- Assistance and training with household activities and chores such as cooking, cleaning and personal care.
- Transportation.
- Accessing the community and participation in Community Connections activities.

We provide services throughout the ENTIRE state.

**In addition to In-Home Support, Living Innovations in Maine also provides the following services: Shared Living, Community Connections, Case Management, Job Coaching, Children's Services and Private Pay.**

We put the people we support at the center of all we do, and provide excellent customer service to all team participants, including family members, guardians and state service coordinators.

*Please contact us to determine supports that can be individualized for you or a loved one.*

***[LivingInnovations.com/contact-us/](https://LivingInnovations.com/contact-us/)***